

AIR FORCE SCHOOL BAGDOGRA
SESSION → 2020-21

E.V.S

CLASS - II

INTRODUCTION :- RECAPITULATION OF CHAPTER
"MY SELF"



All
About Me !



My name is _____.

I am _____ years old.

My favourite food is _____.

My favourite colour is _____.

I have _____ hair.

My eyes are _____.

When I grow up I want to be a _____.

I am really good at _____.



1 Myself

I can comb my hair and fasten my shoelaces;
All by myself.
I can wash my hands and wash my face;
All by myself.
I can put my toys and books back in place;
All by myself.
I know I have grown up !



Hello, friends !
I am Karan. I am a boy.
I am six years old.
I love playing cricket.
I enjoy reading books.

Paste your photographs here :

When I was in class I.

As I am now.

Teacher's Tip

Encourage the students to participate and interact with other students and talk about their partners.



Question Time

Time to Write

A. Complete the details about yourself :

1. My name is Shubham.
2. I am 8 years old.
3. I am a boy boy / girl.
4. I study in class 2nd.
5. I write with my right left / right hand.
6. The name of my school is A.P. English.
7. My class teacher's name is Savitri Chhetri.
8. My best friend's name is Rishi.
9. My father's name is Ramesh.
10. My mother's name is Shamita.
11. My address is Block A, Preet.

B. Fill in your favourites :

1.



Food

Rice and fruit

2.



Game

Caricket

3.



Book

EV

4.



Fruit

Watermelon

5.



Vegetable

Brinjal

6.



Cartoon

Mickey Mouse

B. Make your own handprint :
Dip your palm in poster colour and put its imprint on a card. Change it into a bird by adding a beak, an eye, a crown and a pair of feet to it. Stick some feathers on your bird to make it look more beautiful.



 **Fact Snippet**

The fingerprint of each person differs from the other.

Complete this invitation card :

BIRTHDAY PARTY



Dear Andrea

Please come for my birthday party at
my home on 16th April at 7:00 p.m.

B. Answer the following questions :

1. Distinguish between external and internal organs.

2. How does the brain help us ?

3. What does the heart do ?

4. How do the lungs help us ?

5. How many sense organs do we have ?

C. Name the body parts which rhyme with the following words :

1. SOUTH

2. NEST

3. BYE

4. THIN

5. CLOSE

2 My Body

Ten little fingers;
Ten little toes;
Two little ears;
And one little nose;
Two little eyes that shine so bright;
And one little mouth;
To kiss mama good night !

Our body is a living machine. Organs are parts of our body. It has two types of organs - **external** and **internal**. External organs are those parts of our body which we can see.

Can you name these external organs ?

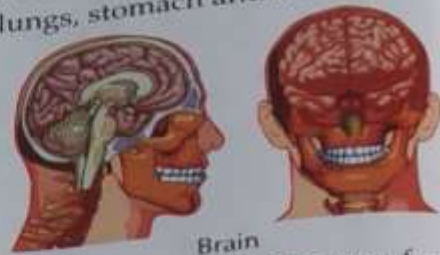


Teacher's Tip

Make the students aware of different internal organs of our body the sense organs.

The parts that are inside our body are called **internal organs**. Some of the internal organs are brain, heart, lungs, stomach and kidneys.

The **brain** is inside our head. It helps us to think, learn and remember. It controls all the organs of our body.



Brain

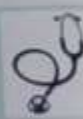


Heart

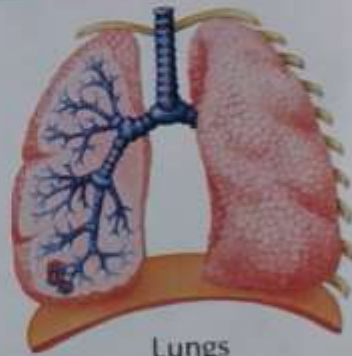
Touch the left side of your chest. Can you feel something beating? That's your **heart**. The heart pumps and sends blood to the whole body. The heart beats 72 times in a minute.

Fact Snippet

A doctor uses a stethoscope to listen to the heartbeats.



We have two **lungs** in our chest. Lungs help us to breathe and supply oxygen to all parts of the body.



Lungs



Stomach

The **stomach** looks like a bag. The food we eat goes to the stomach. The stomach churns the food into liquid form. This helps us to get energy and strength from the food we eat.

We have two **kidneys** in our body which look like beans. They remove waste from our body.



Kidneys

Sense Organs

We have five sense organs. These help us to know about the things around us.



These are my eyes. These help me to see. I can see the size, shape and colours of things around us.

This is my nose. It helps me to smell. Smell can be good or bad.



This is my tongue. It helps me to taste sweet, sour, bitter and salty things.

These are my ears. These help me to hear different sounds.





This is my skin. It helps me to feel hard, soft, hot, cold, smooth and rough surfaces.

Fact Snippet

Skin is the largest sense organ.

To Do

This park is near Nikhil's house. Can you name the organs used by Nikhil for the following activities ?



- The children are playing in the park.
- The grass feels so soft.
- The birds are chirping.
- The ice cream tastes sweet.
- The beautiful roses smell so good.

Summary

- » Our body has two types of organs - external and internal.
- » External organs are those parts of our body which we can see.
- » The parts that are inside our body are called internal organs.
- » Kidneys help us to remove waste from the body.
- » We have five sense organs.

3 Growing Up

All living things grow. Plants, animals and human beings are living things. When we grow, our body parts also grow. This happens with all the living things.

A big plant grows from a small seed.



A bird grows from an egg.



To Do

Number the pictures in the correct order :

Young puppy Small puppy Dog

We are born as babies. From a baby, we grow up to be a girl or a boy. Then we become a young man or woman. After many years, we grow old. When we grow with age, we change in looks also.



The colour of our eyes remains the same throughout our life. The colour of our hair remains the same till we start growing old. When we grow old, the colour of our hair changes from black to grey and then to white.

To Do

Match the description to the person :

I like to play with my grand children.

I like to do things myself. I go to school.

I am tall, young and strong. I go to office.

I cry when I am hungry. I cannot speak



quoy d... onono bbo e...